

VERCORS, FRANCE



The Vercors is a massif in the Prealps, in the south-east of France near Grenoble. We start our riding in this hidden gem. Several years ago we had the pleasure of riding here and have been aching to return since. The roads are incredible, the traffic is light and the scenery is unforgettable. Known as a plateau, the Vercors region gets missed by cyclists. The "plateau" is riddled with deep ravines, fissures and valleys. These geographic features have roads carved into them, bored through them and laid up and down them in a way that makes the riding incredible. Although none of the big famous climbs are tackled on this part of the trip there is plenty of climbing and descending.

Our first 3 nights are spent at the lovely Hotel La Roserie in Villard-de-Lans in the heart of the Vercors. This hotel has hosted many training camps for pro teams, including Trek and Francasie de Jeux. We will visit incredible places like La Gorge de la Bourne, and Pontsen-Royans. You might actually get a sore neck from looking up at cliffs, down off cliffs, through tunnels and along ledges while you ride.

After immersing ourselves in this landscape for a few days it will be time to visit the temples of the cycling gods; Alp D'Huez, La Croix de Fer and The Col de Glandon. We pack up and move to Hotel Cassini, a short drive away in the heart of the Alpes in Le Freney-d'Oisan. During our two days spent riding here we tackle two incredible and contrasting classic climbs. The Alpe D'Huez rarely needs an introduction as it is arguably THE most famous climb of the Tour de France.

DATES

Oct 1 to Oct 8 2016

S	M	T	W	T	F	S
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15

COST

per person based
on dbl occupancy

\$2,999

Single supplement: \$500

DURATION

8 days / 7 nights

ARRIVAL/DESPRTING AIRPORT

Lyon, France - LYS

RIDER TYPE

Avid

Enthusiast

VERCORS, FRANCE



Its 21 switchbacks have hosted some of the most epic battles on bicycles over the last one hundred years. It starts almost immediately from the town of Bourge D'Oisan and has the road paint, signs and cyclists to match its popularity.

The other day we spend in the alpine region as we climb the Croix de Fer and Col de Glandon. These roads are quiet, long and scenic. The only sound is your breathing, the wind and the odd waterfall. It is more akin to hiking in the high country on a bike. The feeling is remote and intimidating. After experiencing the best of the Tour de France we enjoy 3 course meals matched with fine French wines. At Wild Rock we know how to rough it.

Many people will choose to extend their stay in Lyon. This extraordinary city can make a great 2-3 day extension to this cycling trip. Peterborough Travel can help arrange this for you.

RIDER TYPES

Enthusiast



Enthusiast

Staying fit and active is very important to me and my bike is a big part of my active lifestyle. I want to experience new places from the saddle as the road curves beneath me. Although I like a nice meal, the idea of fueling up at a simple café is just fine as long as the ride there is spectacular. Climbing hills is great but, I like to do so at my own speed. I love a physical challenge and the idea of riding 100km with some hill climbing gets my heart racing.

Avid



Avid

I am an experienced cyclist who rides many times a week, often in a group. I enjoy a brisk pace and the challenge of climbing alpine passes. I love to train, improve, and maybe even race my friends. I consider myself to be a cyclist at heart so nothing is better for me than spending most of the day pedaling. Climbing and descending mountains, coastal winds and long rides are what make up my perfect holiday.

WHAT'S INCLUDED

- shuttle service to and from Lyon airport
- 7 nights of accommodations
- 7 breakfasts
- 7 dinners
- daily rides led by experienced guides
- daily ride support from Wild Rock travel staff
- daily trip literature including ride itinerary and route guides
- baggage transfer

NOT INCLUDED

- airfare to and from Lyon, France
- daily lunches
- energy products (bars, gels, drinks)
- additional food between meals
- rental bike (if not traveling with personal bicycle)
- baggage fees
- transportation to and from Pearson International Airport

PAYMENTS

Payments for the trip are all made through Melissa at Peterborough Travel (705-745-2050). A deposit of \$250 is due upon trip booking, and full trip payment is due 60 days before your trip.

See cancellation policy for details on our trip cancellation refunds.

CANCELLATION POLICY

Cancellation Policy

If for some reason you have to cancel your trip the following charges will apply:

- After booking a trip, you may cancel within 30 days and we will refund your deposit. After 30 days we will refund your deposit minus a \$100 administrative fee.
- If you cancel your trip between 31 and 60 days prior to departure there is a cancellation fee of 50% of the original trip price.
- If you cancel your trip less than 30 days prior to departure there is a cancellation fee of 100% of the original trip price.

FLIGHTS

You can arrange your own flights or let Mellisa or Donna at Peterborough Travel (705-745-2050) arrange them for you. We will need your airline, flight number, arrival and departure times. Send them to scott@wildrock.net so he can assign you a shuttle.

ACCOMMODATIONS/MEALS

Our first 3 nights are spent at La Roserie, where we dine in its Michelin rated restaurant, La Doline.

Nights 4-6 are spend in Hotel Cassini. This small hotel offers us privacy and fantastic food prepared by their chef.

Our final dinner and night will be spent at a Lyon airport hotel.

Travelling with your bike.

For your cycling vacation you will need to bring your own bike. When booking your ticket tell the agent to register your bike so there is room reserved in the luggage compartment. Paying in advance is often an option and will save additional fees. Fees vary per bike per direction so make sure you get this information before booking. When it comes time to travel Wild Rock sells and rents bike travel cases, this makes packing your bike secure and worry free.

Please book your rental travel case well in advance of your trip.

WHAT TO BRING

PREPARING FOR THE WEATHER

While we hope for great weather on our trips we can never predict what is in store! When riding in the mountains the weather can change quickly and it is best to be prepared with adequate clothing to keep you warm and dry while on your bike. We recommend you bring a rain jacket along for each ride and adequate layers - vest, arm/knee warmers as the weather dictates.

DRESSING FOR COMFORT

We will be spending long days in the saddle and the more comfortable you are on your bike the more you will enjoy your vacation! Good quality cycling shorts will help prevent discomfort and wearing a cycling jersey with pockets is indispensable for comfort and versatility.

LUGGAGE

Pack 2-3 bags

1 Carry On Bag

pack a carry-on item (check your airline regulations) that contains your cycling shoes, pedals, 1 set of cycling kit and your helmet in this bag.

1st Checked Bag

Check your airline for regulations and potential fees

2nd Checked if Bike

If travelling with your bike we recommend the use of a bicycle case or bag to protect your bike. These are available to rent from Wild Rock.

Check your airline for regulations and potential fees

TRAVEL ESSENTIALS

- Passport
- Health Documentation
- Insurance
- Currency
- Credit Cards
- Emergency Information
- Airline Tickets